



Nottinghamshire
Carers
Association

01773 833 833
info@nottinghamshirecarers.co.uk
www.nottinghamshirecarers.co.uk

Young Carer Survey

Young Carers are children under 18 who help to look after someone in their family who has a long-term medical condition, disability, mental health condition or problem with drugs and alcohol.

The questions in this survey are designed to help us to understand what support young carers have and how best we can support you.

The questions will be about any support you have had in the past and your thoughts about support for young carers in the future. You don't have to have taken part in young carers support to be able to answer the questions.

You do not have to complete these questions if you do not want to. You will also not be asked to give any names or information which could identify you or the people that you care for. Negative answers won't stop you being able to take part in young carers support, so please be honest.

If you complete all of the questions, we will use your answers to help us offer the best support for young carers. If you decide to take part and later change your mind, it may be possible to identify your answer if you filled in a paper version of the survey and it has not already been added to the results. If you complete the digital survey, then it will not be possible to identify your answers and withdraw them. If you wish to withdraw your paper survey, please contact the address at the end of the survey.

For parents/guardians:

If your child is a Young Carer and you would like to access further support, please contact the Nottinghamshire Carers Hub on 0115 824 8824 or visit hub@carerstrustem.org. Further information can also be found on the Nottinghamshire County Council [website](#)

**If you are happy to answer the questions, please complete the following
(Parent/Guardian to complete if under 13):**

I am _____ years old

I have read and understand the information above

I understand that I can stop at any time while answering these questions

I care for one or more of my friends or family members because they have an illness, disability, a mental health problem or an addiction and need my help

I am happy to answer the questions in this survey

Have you ever had support from Nottinghamshire Carers Hub?

Yes No

If no, you have not had support from Nottinghamshire Carers Hub, can you tell us why?
(Please tick as many answers as you wish)

I have not heard of Nottinghamshire Carers Hub

I didn't know I could get support from them.

I didn't want to get support from them.

I get support from somewhere else.

If you get support from somewhere else, could you tell us where?

What other support in your caring role would help you?
(Please tick as many answers as you wish)

More time away from caring to do activities

An online support service

A support group to meet and chat with other young carers

A support group run by other young people

A support group where I can meet other young carers who look after people with the same illnesses or problems

How would you like to be contacted for support? (Please tick all that apply)

Online chat

Email

Text

Telephone

WhatsApp

Video call

Do you feel supported by: (Please tick all that apply)

Family members

Medical staff

Teachers and school staff

Friends

Neighbours

Is there anything else you would like to tell us about young carer services?



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Young Carer Survey

Thank you for taking part in this survey

The purpose of this survey is to help us understand what kinds of services Young Carers would like and how best to support you. Your answers will be used to help make services for Young Carers like you. Your answers in this survey are voluntary and confidential.

This survey was created by Nottinghamshire Carers Association on behalf of Nottinghamshire County Council. If you require more information please email: info@nottinghamshirecarers.co.uk

Nottinghamshire County Council must protect your personal information and make sure it is kept confidential and safe. To find out more about this you can go to our child-friendly privacy notice: www.nottinghamshire.gov.uk/global-content/privacy/child-friendly-privacy-notice or the general privacy notice: www.nottinghamshire.gov.uk/global-content/privacy

If completing this survey on **paper**, please post it back to:

Nottinghamshire Carers Association
3 Park Road, Ripley DE5 3EF

If completing this survey via **email**, please return it to:

info@nottinghamshirecarers.co.uk